

FAQ

What does my child need to wear to their first lesson?

We suggest they wear leggings and a T shirt and bring socks and trainers with them for them to the studio.

No dresses or skirts.

What's the uniform?

Each class is different. If you look on each class page there will be a description of the uniform for that lesson.

Do they need any experience?

No not at all, we welcome all students into our lessons.

What's the cost of the classes?

Each class is different, for more information on fees please feel free to email us and we will be happy to talk you through them.

As a parent can I watch?

We don't allow parents to watch, however on their first trial we allow it for the first 10 minutes in the lesson so they are able to warm up and find their confidence.

Will I need to buy the performance uniform or any other uniform?

The performance uniform will only need to be bought if your child is competing.

Anything else I will need to bring to my first class?

Please make sure your child comes with a drink, as it is a sport and they will need to stay hydrated through each class.

Other information:

Please arrive with plenty of time as it can be disruptive to the class if someone comes in late.

All jewellery must be removed or covered with tape for health and safety and hair must be tied back out of their face.

If you are leaving the premises you must provide the coach with a contact name and any medical information they should be aware of.